

Exploring Sustainable Living @ Camas Centre, Isle of Mull
22nd-28th May 2009

Join us at the Camas Centre on the Isle of Mull for a week experiencing and discussing life on the other side of the oil revolution.

Using the renovated Camas as our base and case study (with off grid electricity, locally produced, organic and fairly-traded food, environmentally friendly toilets, simple lifestyle, and valuing its natural surroundings), this is a week to explore how we can live a satisfying and enjoyable low-carbon life. It flows from the Iona Community's commitment to the Christian Aid 'Cut the Carbon Campaign' and will be of interest to people in Eco-congregations, Transitioners and those curious about what life might be like without oil. Start by travelling to Camas by public transport and sharing with others any difficulties you have had in getting here!

Raymond Young, a Regeneration Consultant and Member of the Iona Community, will be leading 5 days of discussion and activities on the theme of **Exploring Sustainable Living**, assisted by the staff at Camas. Activities may include working in our own organic garden, the chance to try your hand at sea fishing or traditional peat cutting, visits and tours to other local producers and of the sustainable systems at Camas.

£225 (inc. VAT) for 6 nights (Saturday – Friday morning) including all food, accommodation and activities in a beautiful coastal location.

To find out more visit http://www.iona.org.uk/Camas_Individuals.php

or download the info sheet at

http://www.iona.org.uk/media/exploring_sustainable_living_may_2010.pdf

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